

ProTips

FRUITS AND NUTS FOR PACIFIC NORTHWEST GARDENS

A supplement to the NWFGF Presentation *“Fruits: A Colorful History of Those We Grow and Eat in the Pacific Northwest”* (February 14, 2023; Joe Seals).

This is a condensed and annotated listing of selected cultivars from the fruit types mentioned in the presentation. These are shortened lists (a “sampling;” there are many more cultivars of almost all these) taken from *“Edibles for Pacific Northwest Gardens.”*

FIG (*Ficus carica*)

‘(Improved) Brown Turkey’
‘Desert King’

‘Olympian’
‘Takoma Violet’

LOQUAT (*Eriobotrya japonica*)

‘Bradenton’
‘Harvest’

‘Sugarcane’
‘Sunset’

OLIVE (*Olea europaea*); wind pollinated; although some are self-fertile, they all do better with a pollinator. Those tested with success in Oregon:

‘Aglандаu’
‘Cailletier’ (“Niçoise”)
‘Chemlali’
‘Coratina’
‘Frantoio’

‘Leccino’
‘Maurino’
‘Morailo’
‘Pendolino’
‘Taggiasca’

PAWPAW (*Asimina triloba*)

One self-fertile, otherwise requires hand pollination:

‘Mitchell’
NC-1
‘Prolific’

‘Rebecca’s Gold’
‘Sunflower’ (self-fertile)
‘Taytwo’

PEACH (*Prunus persica*)

Peach-leaf curl resistant (not “immune”):

‘Frost’
‘Indian Free’
‘Muir’
‘Nainamo’

‘Oregon Curl Free’
‘Pacific Pride’
‘Q-1-8’
‘Salish Summer’

PEAR (*Pyrus communis* ssp. *communis*; or *Pyrus* “communis complex”)

I do not recommend pears for western PNW home gardens, but if you must have one:

‘Orcas’

‘Rescue’

PEAR, ASIAN (*Pyrus pyrifolia*)

Plant any three for proper pollination. Most fire-blight resistant:

'Atago'	'Shin Li'
'Hosui'	'Shinko'

PINEAPPLE-GUAVA (*Feijoa [Acca] sellowiana*)

If it never fruits, there may be some consolation in the fact that the flowers are edible.

'Apollo'	'Precocious'
'Edenvale'	'Rannaya ('Nikita')

PLUM, DAMSON (*Prunus domestica* ssp. *insititia*)

'(Blue) Damson'	'White Damson'
-----------------	----------------

PLUM, EUROPEAN (*Prunus domestica* ssp. *domestica*; includes prunes)

'Blue's Jam'	'Italian Prune'
'Imperial Epineuse' ('Imperial')	'Seneca' 'Stanley'

PLUM, GREENGAGE (*Prunus domestica* ssp. *italica*)

'Green Gage'	'Washington'
'Reine Claude'	

PLUM HYBRIDS — "CHERRY-PLUMS"

(*Prunus* x *rossica*, the "Russian Plum")

'Delight'	'Sprite'
-----------	----------

PLUM, JAPANESE/CHINESE (*Prunus salicina*)

I do not recommend Japanese plums for western PNW home gardens, but if you must have one:

'Kuban Delight'

PLUM, MIRABELLE (*Prunus domestica* ssp. *syriaca*)

'Mirabelle'	'Lorraine Mirabelle'
'Geneva Mirabelle'	

POMEGRANATE (*Punica granatum*)

Consider all of these as experimental "maybes:"

'Angel Red'	'Medovyi Vahsha'
'Crimson Sky'	'Sumbarski'
'Granada'	'Sverkhramniy'

NUT TREES

CHESTNUT (*Castanea sativa* and hybrids)

Takes two to pollinate:

'Belle Epine'

'Bouche de Betizac'

'Colossal'

'Marrone di Marradi'

'Marsol'

'Maraval'

'Precoce Migoule'

'Whitten'

CHESTNUT (*Castanea non-sativa* hybrids)

Takes two to pollinate:

'Okei' ('Okie')

'Tanzawa'

'Tsukuba'

"Dunstan" is a strain of seedlings from the crossing of *Castanea dentata* (American chestnut) and *Castanea mollissima* (Chinese chestnut)

FILBERT, HAZELNUT (*Corylus cornuta* hybrids)

Takes two to pollinate:

'Dorris'

'Felix'

'Gamma'

'McDonald'

'Wepster'

'Yamhill'

WALNUT, ENGLISH (*Juglans regia*)

'Carpathian'

'Cascade'

'Chandler'

'Eurobella'

'Franquette'

'Howard'

'Nevada'

'Spurgeon'

BUSH BERRIES

BLUEBERRY (*Vaccinium* complex hybrids)

“Best tasting” cultivars:

‘Bluecrop’
‘Chandler’
‘Chippewa’
‘Duke’
‘Spartan’

‘Olympia’
‘Polaris’
‘Northcountry’
‘Northblue’
‘Northland’

GUAVA, CHILEAN (*Ugni molinae*)

The hardier of the two “Chilean guavas”

GUAVA, CHILEAN; CHILEAN MYRTLE

(*Luma apiculata*)

There is a selected form called, simply, “Hardy Form”

JOSTABERRY (*Ribes* x *nidigrolaria*)

Resistant to White Pine Blister Rust:

‘Josta’

‘Orus 8’

LINGONBERRY (*Vaccinium vitis-idaea* var. *vitis-idaea*)

‘European Red’
‘Ida’

‘Scarlett’
‘Splendor’

Pollinizer cultivars (Plant one for no more than ten fruiting plants)

‘Red Pearl’

‘Sussi’

BRAMBLES, CANE FRUITS

BLACKBERRY/RASPBERRY HYBRIDS

Cultivars selected for highest yield

‘Boysenberry’
‘Loganberry’

‘Marionberry’

VINE FRUITS AND STRAWBERRIES

GRAPES, TABLE

Vitis vinifera X *V. lambrusca* hybrids

'Canadice'
'Edelweiss'
'Himrod'

'Interlakken'
'Reliance'

KIWI

Actinidia deliciosa (or *A. x deliciosa*)

'Blake' (self-fertile)

'Hayward' (needs male
pollinizer)

STRAWBERRY (*Fragaria* x *ananassa*)

Tastiest June-bearing cultivars:

'Benton'
'Hood'

'Rainier'
'Shuksan'

Tastiest Ever-bearing (day-length neutral) cultivars:

'Albion'
'Quinalt'

'Seascape'
'Tribute'

And one more "small fruit:"

WONDERBERRY/SUNBERRY (*Solanum retroflexum*; was once promoted as *Solanum* x *burbankii*)

Dark blue-purple blueberry-like fruits. Do not eat green (unripe) fruits.

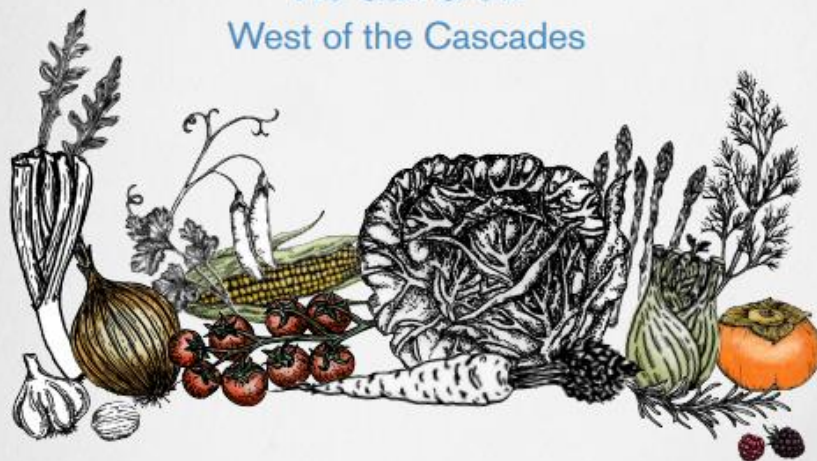
*"...the greatest service which can be rendered any country is to add a useful plant to its culture."
~~ Thomas Jefferson*

All recommended cultivars are taken from the greatly expanded lists in this book:

Edibles for Pacific Northwest Gardens



A Comprehensive Listing of
the Fruits, Nuts, Vegetables,
Herbs, Spices, and Mushrooms
We Can Grow
West of the Cascades



Joe Seals

Available from the University Book Store.