Bling on the Wing: 12 Months of Flowers for Hummingbirds

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Washington species: Anna's, Rufous, Calliope, Black-Chinned

<u>Anna's</u>: Year-round resident, our largest hummer (4"). Males have bright red/pink gorget, females iridescent green <u>Rufous</u>: Migrate from Southern U.S./Mexico to Alaska. Smaller than Anna's, about 3-3.5". Males tawny orange with orange gorget, females green with orange highlights. Recently sighted as far east as Florida and as far north as New Brunswick.

<u>Calliope</u>: Primarily found in Eastern WA, occasionally seen on W. slope of Cascades, rare in Puget lowlands. Our smallest hummer, about 2.5-3". Migrates from Central Mexico to as far north as Central BC and Alberta. Males have magenta gorget, females green on back with peachy chest.

<u>Black-chinned</u>: primarily found in E Washington, migration pattern similar to Calliope. About same size as Rufous, a bit more svelte. Males have black chin/hood with purple gorget, females dull green on back with white chest.

<u>Fun facts</u>: Wings can beat up to 80 x per second; diving speeds of up to 50 mph; horizontal speed up to 35 mph; can fly upside down for short distances. Can go from 35 mph to full stop in 6"; can go into state of torpor at night, in cold weather, or when hungry. Best eyesight of any bird; amazing pollinators, flowers don't have to be tubular or red. Can be fiercely territorial (especially Rufous); "hawking" behavior when defending territory, hunting

<u>Diet</u> Primarily nectar, insects, and occasionally sap; females have been observed eating ash during nesting season <u>Mating</u>: Males perform impressive courtship dives; females do all of the work of nest building, incubation, and feeding young. Females lay 2 (sometimes 1 or 3) bean sized eggs. Eggs incubate for about 3 weeks and chicks are independent about 3 weeks after hatching.

<u>Nests</u> are tiny, about the size of a quarter. Be careful and observant when pruning during nesting season (Jan-July). Nests constructed of spider webs, seed heads, plant fibers, moss, lichen, feathers, fur, hair. <u>Do not</u> provide dryer lint or fur/hair treated with shampoo or insecticide; both substances are harmful to hummers.

<u>Enhancing habitat</u>: Have less lawn, plant a variety of different species; plant in layers. Use native plants. Don't use insecticides. Provide nesting material by leaving plants standing in winter and using "chop and drop" mulching technique.

<u>Water</u>: Hummers get most of their fluids from their diet, but will sip moving water and dew drops from leaves. They enjoy a nice spritz in the mist of sprinklers.

KEEP YOUR CAT INSIDE! Build a catio. Take the Seattle Catio Tour.

Feeders: Consult Seattle Audubon for feeder advice; heated feeders.

<u>Plant Info</u>: Plant sizes and needs can vary widely within a genus or species. Plant performance will vary depending on site conditions and maintenance. The plant table below provides some general info concerning average 10-year size, Exposure, and Watering.

Winter

Latin Name	Common Name	Size (HxW)	Full	Part	Full	Wet	Avg	Dry
			Sun	Shade	Shade		H2O	
Mahonia x media 'Charity'	Charity Mahonia	10' x 10'	✓	1	✓		\checkmark	✓
Arbutus unedo	Strawberry Tree	10' x 10'	✓	✓			✓	1
Arctostaphyllos columbiana	Manzanita	varies	✓					\checkmark
A. x media	Hybrid Manzanita	5′ x 5′	✓					\checkmark
Oemleria cerasiformis	Indian Plum, Oso Berry	8' x 8'		1	✓	✓	✓	1
Grevillea victoriae	Royal Grevillea	6' x 6'	✓					\checkmark

Other Winter bloomers; Dawn Viburnum, Camellia sasanqua, Sarcococca, Winter Honeysuckles

Spring

Latin Name	Common Name	Size	Full	Part	Full	Wet	Avg	Dry
		(HxW)	Sun	Shade	Shade		H2O	
Arbutus menziesii	Madrona	30' x 20'	1					\checkmark
Embothrium coccineum	Chilean Fire Tree	15' x 30'	✓					✓
Rhamnus purshianna	Cascara sagrada	15' x 10'	✓	1	✓	✓	✓	✓
Mahonia sp.	Oregon Grape	6' x 8'	✓	1	✓		✓	✓
Aquilegia formosa	Columbine	2' x 2'	✓	1	✓		✓	✓
Dicentra formosa	Western Bleeding Heart	1' x 3'		1	✓		✓	✓
Dicentra spectabilis	Bleeding Heart	2' x 3'		1	✓		✓	\checkmark
Ribes sanguineum	Winter Currant	5' x 6'	1	1	1		✓	✓
Vaccinium ovatum	Evergreen Huckleberry	6' x 6'	1	1	1		✓	1
Lonicera involucrata	Twinberry	6' x6'	1	1		✓	✓	\checkmark

Other Spring bloomers; Rosemary, Salmonberry, Heuchera, Tellima, Kniphofia

Summer

Latin Name	Common Name	Size (HxW)	Full Sun	Part Shade	Full Shade	Wet	Avg H2O	Dry
Heptacodium miconioides	Seven-Son Flower	10' x 15'	✓	1			✓	1
Agastache sp.	Hummingbird Mint	2' x 3'	1				✓	\checkmark
Zauschneria sp.	California Fuchsia	1.5' x 5'	1	✓			✓	✓
Crocosmia sp.	Montbretia	3' x 4'	1	1			✓	
Dierama pulcherrimum	Angel's Fishing Rod	3' x 4'	1	1			\checkmark	\checkmark
Lobelia tupa	Devil's Tobacco	5' x 5'	✓				✓	✓
Abutilon sp. & hybrids	Flowering Maple	5' x 5'	✓				\checkmark	

Other Summer bloomers; Lavender, Hyssop, Honeysuckles, Hostas, Penstemon, Monarda,

Annuals (Lantana, Begonia, Petunias, more)

Autumn

Latin Name	Common Name	Size (HxW)	Full Sun	Part Shade	Full Shade	Wet	Avg H2O	Dry
Fuchsia magellanica & hybrids	Fuchsia	5' x 6'	\checkmark	✓	✓		✓	✓
Hibiscus syriacus	Rose of Sharon	8' x 10'	✓	1			1	✓
Vitex agnus-castes	Chaste Tree	8' x 8'	✓	1			1	✓
Salvia species and hybrids	Sage	2' x 4'	\checkmark				1	✓
Chelone sp.	Turtlehead	2' x 3'	✓	1		✓	1	

Other Autumn bloomers; Agapanthus, Asters, Scarlet Runner Beans

Hummingbird Support Groups/Further Info:

Seattle Audubon

Cornell Lab of Ornithology/Birds of North America/eBird UC Davis Hummingbird Health & Conservation Program Western Hummingbird Partnership Hummingbird Central Hummingbirds.net

Russell Link, "Landscaping for Wildlife in the Pacific Northwest"

Plant Resources

King County Native Plant Guide Washington Native Plant Society Great Plant Picks Oregon State University Landscape Plants MOBOT (Missouri Botanical Garden) Far Reaches Farm The Desert Northwest Nursery