

# 2023 STAGE SCHEDULE



## MAIN STAGE



PRESENTED BY




DESIGNED BY

*West of Main*





### Thursday, September 28

- 12:30 - 1:30pm **Akil Mesiwala & Kristin Topping (Future Roots Cooperative)**  
*Growing Food in Portable Raised Garden Beds: Utilizing the Right of Way (ROW)*
- 1:30 - 2:00pm  **RenoAssistance** Marilena Tricarico (RenoAssistance)  
*Successful Renovations Start Here!*
- 2:00 - 3:00pm **Chris Palmer (Handcrafted by Chris Palmer)**  
*The Newest Feature Walls*
- 3:30 - 4:30pm **Anita Murray (All Things Home)**  
*Eye Candy: A Peek Inside Award-Worthy Ottawa Homes*
- 4:30 - 5:00pm  **RenoAssistance** Marilena Tricarico (RenoAssistance)  
*Successful Renovations Start Here!*
- 5:00 - 6:00pm **Jeff Collins & Kristen Campbell (Future Roots Cooperative)**  
*The Invasive Species Issue in Ottawa: Solutions for Confederation Park and Beyond*
- 6:30 - 7:30pm **Bonny Koabel (Access Rebates)**  
*Rebates and Tax Implications of Garden Suites and Multi-Generational Home Additions*

### Friday, September 29

- 12:30 - 1:30pm **Ryan Branton (Contractor Ryan)**  
*How to Hire and Monitor Your Contractor*
- 1:30 - 2:30pm  **SONOPAN** Adam Weir (Contractor and HGTV Canada Personality)  
*The Magic of Construction*
- 2:30 - 3:30pm **Chris Palmer (Handcrafted by Chris Palmer)**  
*The Newest Feature Walls*
- 3:30 - 4:30pm **Emma Terrell (The Urban Botanist)**  
*Transform Your Space With a Green Wall*
- 5:00 - 6:00pm **Michael Holmes Jr. (Professional Contractor and TV Host)**  
*Renovation Inspiration and Tips*
- 6:30 - 7:30pm **Shirlee Engel (Shirlee Interiors)**  
*Cozy, Chic, and Functional Fall Interiors*

### Saturday, September 30

- 10:30 - 11:30am **Emma Terrell (The Urban Botanist)**  
*Japan's Bonsai Trees*
- 11:30am - 12:30pm  **SONOPAN** Adam Weir (Contractor and HGTV Canada Personality)  
*The Magic of Construction*
- 12:30 - 1:00pm  **RenoAssistance** Marilena Tricarico (RenoAssistance)  
*Successful Renovations Start Here!*
- 1:00 - 2:00pm **Michael Holmes Jr. (Professional Contractor and TV Host)**  
*Renovation Inspiration and Tips*
- 2:00 - 2:30pm  **RenoAssistance** Marilena Tricarico (RenoAssistance)  
*Successful Renovations Start Here!*
- 2:30 - 3:30pm **Sascha Lafleur & Josée Sigouin (West of Main)**  
*Things We Wish You Knew Before Remodelling*
- 3:30 - 4:30pm **Sue Pitchforth (Décor Therapy Plus)**  
*Ten Design Hacks to Get Your Home Ready for Fall*
- 4:30 - 5:00pm  **RenoAssistance** Marilena Tricarico (RenoAssistance)  
*Successful Renovations Start Here!*
- 5:00 - 6:00pm **Sherry Holmes (Contractor, Designer, and TV Host)**  
*Women in the Trades - Inspiration, Design, Tips, and More!*

### Sunday, October 1

- 10:30 - 11:30am **Anita Murray (All Things Home)**  
*Eye Candy: A Peek Inside Award-Worthy Ottawa Homes*
- 12:00 - 1:00pm **Sherry Holmes (Contractor, Designer, and TV Host)**  
*Women in the Trades - Inspiration, Design, Tips, and More!*
- 1:30 - 2:30pm **Sascha Lafleur & Josée Sigouin (West of Main)**  
*Things We Wish You Knew Before Remodelling*
- 2:30 - 3:30pm **Sue Pitchforth (Décor Therapy Plus)**  
*Ten Design Hacks to Get Your Home Ready for Fall*
- 3:30 - 4:30pm **Shirlee Engel (Shirlee Interiors)**  
*Cozy, Chic, and Functional Fall Interiors*